

2015  
NEWPORT TO ENSENADA  
INTERNATIONAL YACHT RACE



- Jan. 28 San Diego Yacht Club
  - Jan. 29 Balboa Yacht Club
  - Feb. 11 Del Rey Yacht Club
  - Feb. 12 Dana Point Yacht Club
- 7:00 – 8:30 pm  
at all locations

# After the Sun Sets- Race Seminar

Tactics and ideas for safe, successful, fast Coastal Racing  
for owners, crews, new racers and cruisers

Bob Steele, US Sailing "Safety at Sea" instructor, on Safety and Weather Forecasting  
Bruce Cooper, Ullman Sails, on night sail trim and selection  
Peter Bretschger, NOSA PHRF Fleet Advocate, General tips for night racers and  
updates on racing to Mexico



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For years, sailors sought the challenge of racing distances to include the excitement and solice of sailing through the night.

What's new this year.

Why bother.

How is it different.

What you need to know....

# Treatment



- The Newport Ocean Sailing Association in conjunction with Ullman Sails and Buoyweather.com invite the racing and cruising sailboat owners, crews and boating enthusiasts of Southern California Yacht Clubs to join in a discussion of how to get the PHRF fleets back into racing at night.
- They always said “the race is won at night”. That’s the saying about the famous Newport to Ensenada Yacht Race, the 125-nautical-mile [International Yacht Race](#) that was once billed as the largest yacht race in the world. From its largest fleets of over 600 boats to the most recent fleet of 180, night racing has seen a steep decline and NOSA would like to see a return to challenging sailing that is fun to participate in, test the skills of all participating racers and encourages sailors to break their bonds and take off on a weekend of adventure, great friends and a few Tecates and Tacos at the finish.
- The evening is meant to explore the issues surrounding the requirements and rewards of night racing, the perceived difficulties of bringing your boat into Mexican waters and the improvements being made by area yachting associations to increase the level of competition, safety and social aspects of the over night racing.

# Promoted Events



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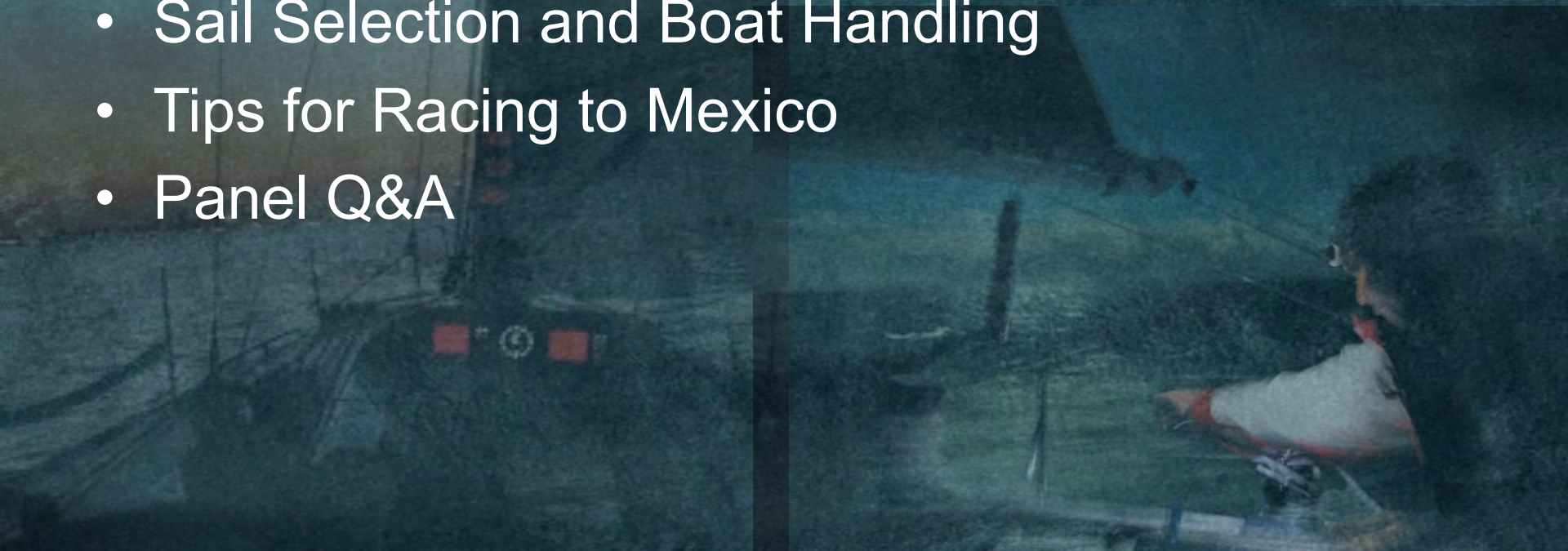
- The Islands Race      March 6-7      NHYC/SDYC
- The Cabo Race      March 20-26      NHYC
- The Border Run      April 11-12      SSYC
- Newport to Ensenada      April 24-26      NOSA
- Transpac 2015      July 13-26      TPYC
- Crew of 2      July 18-19      BCYC
- Santa Barbara  
to King Harbor      July 24-25      SBYC/KHYC

# Tonight's Topics

- The Race choices
- Special Safety Considerations
- Sail Selection and Boat Handling
- Tips for Racing to Mexico
- Panel Q&A



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# Q&A With Steve Colgate



**Q. Steve, What should I focus on when sailing at sea at night, particularly in an overnight sailboat race?**

**A. Races are won at night . . .**

- When you are racing at sea on a long-distance race, it is very easy to slow down as your body does at night. Keeping your concentration is essential.
- Coming up on watch, take a short time to get accustomed to the dark before you start charging around. Make sure no one shines a flashlight in your eyes.
- Then make a tour around the deck and look for weak spots like chafe on lines or sails.
- If you are near coastal (sailing along a coast) and helping the navigator with navigation lights, count “one-thousand-one, one-thousand-two,” etc. to determine the frequency of the light. The navigator should never say, “Look for a four second flashing red light.” That’s leading the answer. They should ask, “Do you see a red flashing light and what is the frequency?”
- If you are taking over the helm, the helmsman should pass the course along as. say, “zero three zero degrees” rather than “thirty degrees.” The latter can be mistaken as “twenty” or “forty” with the noise of the waves and wind.
- And never forget the use of binoculars. Many people think they are worthless at night. Their use helps you figure out the navigation lights on tugs, ships and other boats, the direction they are sailing and if they are on a collision course or not.